

Self Defense Workshop For Women



Learn simple and effective techniques to
empower and protect yourself.
For ages 14+

\$25

All proceeds
to support
*Compassion
in Action

**Thursday
May 27
6:30-8:30 pm
Bow Valley Baptist Church
54 West Aarsby Rd**

Invite a friend! Register today!

Phone: 403-998-8539 or Email: trinitytkd@hotmail.com

*Compassion in Action raises funds to **STOP** human trafficking in five hot spots around the world, including Cambodia, Ethiopia, Costa Rica, Ukraine and Calgary.

Yes— it's true, human trafficking happens even on the streets of Calgary.

For more information visit: stopthetraffic.ca

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